



Catholic Charities Senior Dining Menu

March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
 <p>1% milk is served with every meal. Menu is subject to change. Suggested contribution for persons 60+ and volunteers is \$8.00 - \$4.25. No eligible diner is denied a meals based on their ability to pay. Guest under 60 pay \$8.00. Call between 10:30 am - 1:00 pm for more information. Partially funded under contract with the Central Minnesota Council of Aging as part of the Older Americans Act and Administered by Catholic Charities of the Diocese of St Cloud.</p>					1					
4 oz Swiss Steak 1/2 c Scalloped Potatoes 1/2 c Green Beans Wheat Bread 1/2 c Orange Wedges	4	3oz Chicken Enchilada 1/2c Mexican Rice 1/2c Lettuce, Tomato and Onions 1/2c Seasoned Black Beans 1/2c Chocolate Pudding	5	8 oz Beef Chili with Beans OR Vegetarian Chili Breadstick 1c Seven Layer Salad 1/8 sl Pie	6	3 oz Pork Roast 1/2 c Mashed Potatoes W Gravy 1/2 c Steamed Cabbage Wheat Bread 2x2 Crunch Bar	7	4 oz Fish Fillet Sandwich OR 4oz Turkey Patty on Bun 1/2 c Seasoned Potato Wedges 1/2 c Peas 1/2 c Lemon Chiffon	8	Frozen Meals are Available for Weekends
3 oz Roasted Chicken 1/2 c O'Brian Potatoes 1/2 c Glazed Carrots Wheat Bread 1/2 c Cinnamon Applesauce	11	8oz Hamwitch 1/2c 3 Bean Salad 1/2c Orange Wedges Cookie	12	4 oz Swedish Meatballs 1/2c Whipped Potatoes 1/2c Country Trio Vegetables Dinner Roll 2x2 Lemon Bar	13	3 oz Corned Beef 1/2c Boiled Cabbage 1/2c Irish Potatoes Rye Bread 2x2 Leprecon Poke Cake	14	8 oz Shrimp Alfredo W/ 1/2c Noodles 1/2c Tropical Fruit 1/2c Broccoli Bread 1/2c Pudding W/topping	15	
6 oz Italian Meat Sauce W/ 1/2c Spaghetti Noodles 1/2c Normandy Blend Vegetables 1C Italian Lettuce Salad Bread Stick 1/2c Sliced Pears	18	3 oz Hamburger on a Bun 1/2 c Baked Beans 1/2 c Coleslaw 2x2 Gelatin W/Topping	19	3 oz Honey Mustard Chicken 1/2 c Baked Potato W/Sour Cream 1/2 c Cream Style Corn Wheat Bread 1 scoop Ice Cream	20	3 oz Pork Commercial W/ Bread 1/2 c Whipped Potatoes W/Gravy 1 c Garden Salad Cookie	21	4 oz Potato Crunch Fish OR 4 oz BBQ Riblet 1/2 c AuGratin Potatoes 1/2 c Pickled Beets Wheat Bread 1/2 c Black Forest Pudding	22	
4 oz Country Fried Steak 1/2 c Whipped Potatoes W/Gravy 1/2 c Squash Wheat Bread 1/2 c Ambrosia	25	3 oz Cranberry Orange Chicken 1/2 c Rice Pilaf 1/2 c Candied Carrots Dinner Roll 2x2 Apple Crisp	26	1 Italian Sausage W/ 1/2c Onions and Peppers 1/2c Sweet Potato Tots 1c Italian Lettuce Salad 1/2 c Pudding W/Topping	27	4 oz Bacon Wrapped Chopped Steak 1/2c Oven Roasted Potatoes 1/2 c Broccoli W/Cheese Sauce Wheat Bread 2x2 Brownie	28	1/2 sl Club Sandwich OR 1/2 sl Tuna Melt on Wheat 1/2c Potato Salad 1/2 c Vegatable Ranch Salad 2x2 Fruited Jello W Topping	29	

