

Join Us for this FREE In-Person EVENT - Light Refreshments Provided

# Dine & Discover

Hosted by **Chisago Age Well Coalition**  
with support of **Chisago Lakes Area Community Foundation**

## Downsizing: Preparing to Move

For Older Adults, their  
Families and Caregivers

**Wed., May 15, 2024**



**Kari Francois**  
Realtor  
Destinations Real Estate  
brokered by Realty Group



**Kelly and Janet Wood**  
Downsizing Specialists  
Woods Interior Design  
and Moving Specialists

If you're thinking about moving, bring your questions and come to learn from these down-sizing experts: After a decade working with seniors, Kari Francois knows how challenging a move can be. She offers tips on downsizing and preparing your house to sell whether you are moving into a smaller house, apartment or a senior living community. Mother and daughter team Janet and Kelly Wood specialize in helping seniors downsize possessions to fit the new space. They realize downsizing can be scary and stressful and provide pointers to make it as stress-free as possible.

*(Check-in begins 30 minutes before each session.)*

**9 a.m. Rushseba Senior Living, 700 W. 14th St., Rush City**  
Continental Breakfast

**12 noon Zion Lutheran Church Fellowship Hall, 28005 Old Towne Rd., Chisago City**  
Light Lunch

**3 p.m. Chisago County Senior Center, 38790 Sixth Ave., North Branch**  
Afternoon Appetizers

Register through North Branch Community Education by Friday, May 10.

To register, call 651-674-1025 or go online to North Branch Community Education.

Choose Senior Offerings and scroll to Dine & Discover - Downsizing

[https://northbranch.cr3.rschooltoday.com/public/getclass/category\\_id/-1/program\\_id/14](https://northbranch.cr3.rschooltoday.com/public/getclass/category_id/-1/program_id/14)

Questions Contact: [cawcadmin@chisagoagewell.org](mailto:cawcadmin@chisagoagewell.org)

