

Chisago County Senior Center  
38790 6th Ave  
North Branch, MN 55056  
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April 2024

# Senior Center News

Chisago County Senior Center | 38790 6<sup>th</sup> Avenue | North Branch, MN 55056 | 651-674-8658



## Mission Statement

” Our mission is to enrich the lives of Chisago County senior citizens & to support their individual lifestyles”

## Board of Directors:

Carol Gilquist, President

Carol Stradinger, Vice President

Terry Reyer, Secretary

Todd Fisk, Treasurer

Directors: Cathy Buda, Connie Jaques,

Henry Scott, Connie Kaiser, Betty

Anderson Schlipp, Gwen Swenson,

Marge Scheele & Pam Schultz

Board Meeting every 3rd Thursday of the month at 9:30am at the senior center

**OPEN TO ALL!**

## March Word Scramble Answers:

MARCHMADNESS, LION, WINDY, CLOVER,  
EASTERBUNNY, JELLYBEANS, LIMMERICK,  
IDESOFMARCH, CORNBEEF, PALMSUNDAY,  
TULIPS, EASTERBONNET, EASTERLILY, HOT  
CROSSBUNS, CABBAGE, GOODFRIDAY,  
LAMB, SPRINGBREAK, BASKETBALL,  
DAFFODIL, EASTER, PEEPS, DYED EGGS,  
CABBAGE, SHAMROCK

## This Month's word scramble answers:

BASEBALL, STRIKE, INNING, COACH,  
SHORTSTOP, OUTFIELD  
HOMETEAM, BUNT, CATCHER, BAG,  
FLYBALL, BATTER, HOMERUN, BULLPEN,  
FOUL, HOMEPLATE, PITCHER, UMPIRE,  
INFIELD, CURVEBALL

## Celebrating April

Lawn and Garden Month

Humor Month

Welding Month

Laugh at Work Week

April 1-7

National Volunteer Week

April 21-27

Peanut Butter and Jelly Day

April 2

World Rat Day

April 4

Teflon Day

April 6

National Gardening Day

April 14

Take a Wild Guess Day

April 15

Earth Day

April 22

Talk Like Shakespeare Day

April 23

International Jazz Day

April 30

## Tartan Tales

Scottish American Heritage Month is a time to don kilts, hum to the tunes of bagpipes, and celebrate the rich tapestry woven by Scottish immigrants in the fabric of American history. Rewind to the 17th and 18th centuries, and picture the adventurous Scots sailing across the Atlantic to the promising landscapes of Canada and the United States. They sought refuge from religious persecution, economic hardships, and land scarcity. Political unrest, coupled with the promise of religious freedom and better prospects, were incentives for many Scots to pursue a fresh start in the New World.

The spirited settlers didn't just plant their flags; they wove their culture into the fabric of their new homes. From Nova Scotia to North Carolina, they created communities that echoed the hills of Scotland. They didn't leave behind their love for haggis or the skirl of bagpipes; they infused these traditions into the heartbeat of American culture.

Fast forward to today, and you'll find echoes of Scottish influence in the very fiber of America. From the lilt of folk tunes to the thunder of athletes at Highland Games, their legacy lives on. The haunting, soulful whine of the bagpipes and the swirl of the tartans evoke a sense of kinship, reminding us of the indelible mark left by these pioneers.

Scottish American Heritage Month isn't just a nod to history; it's a celebration of resilience, tradition, and the merging of cultures. From their stories of fortitude to their rich cultural contributions, their legacy transcends time, resonating in the essence of the American spirit. This April, don your tartan, strike up the bagpipes, and celebrate the remarkable journey and enduring impact of the Scottish Americans who made this land their own. Raise a dram of whisky (or your favorite beverage) to salute the spirited Scots who helped shape America. Cheers to a heritage as rich and diverse as the Scottish landscape itself!



### Baseball Word Scramble!



1. LSEBBAAL
2. SIKTRE
3. NIIGNN
4. CAHCO
5. ORPTOSSHT
6. TEDOUFIL
7. HEAOMTEM
8. NBUT
9. CATECHR
10. AGB
11. FBALLYL
12. BTEATR
13. MEOURHN
14. BLLPUEN
15. FLOU
16. MAEPHOLTE
17. IETCPHR
18. UREPIM
19. FIEINLD
20. CLRVALBUE



"Touchdown! ... Wait ... Safe! Sorry. I always get confused this time of year."

### Honesty and Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

### Chisago Age Well Dine & Discover

## Downsizing: Preparing to Move

Wednesday, May 15, 2024

FREE Event - FREE Refreshments - Three Locations!

<p>9 a.m. Rushseba Senior Living 700 W. 14th St., Rush City</p> <p>12 noon Zion Lutheran Church Fellowship Hall 28005 Old Towne Rd, Chisago City</p> <p>3:30 p.m. Chisago County Senior Center 38790 Sixth Ave., North Branch</p>	<p>Hosted by Chisago Age Well Coalition www.chisagoagewell.org</p>
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Not a sales event. Come for helpful information.

### SAFE DRIVING CLASS FOR SENIORS

MAY 14 1-4pm

Call 1-888-234-1294 or 1-320-308-1400 to register or visit 55+ Driver Discount Program | St. Cloud State University

### Come Travel with Me!



**Thursday April 25-** A trip to the American Swedish Institute- Includes transportation, tour & lunch  
COST: \$82

**Thursday, May 16** MN Twins VS Yankees Game  
COST: \$87.00 Includes coach bus transportation and game ticket (lower level/section 121, along 3rd base, in the shade)

PLEASE MAIL YOUR REGISTRATION FORM AND PAYMENT TO:  
Come Travel with Me/Carline Sargent, 4974 377th Lane NW, Dalbo, MN 55017  
Please make checks payable to: Come Travel with Me Questions call: 612-270-3403



Follow us on Facebook! Click on Chisago County Senior Center & click 'LIKE' to get updates & fun content! Stay up to date on upcoming events!

If you no longer wish to receive the monthly newsletter, please call & let us know! Also check out our website!

[Chisago County Senior Center - \(chisagosrcenter.org\)](http://chisagosrcenter.org)

**THANKS FOR DONATING!**  
WE APPRECIATE YOUR GENEROSITY

Thank you, Lois Johnson,  
In Memory of Doris Norlund  
*(please note correction)*

### Presidents Corner~

We are well on our way with the planning efforts of our 2024 Table Around Town fundraising event. Over 200 letters of invite have been mailed out, a few more will be hand delivered. You might see our posters around town.

For those of you not on our mailing list we've posted information about this event in this newsletter.

This year we have a specific goal in mind for some of the funds we're hoping to raise. The board would like to replace some of the aging chairs in our dining room. It was discussed at a board meeting that we try to replace about 20 chairs a year over the next 2-3 years until we have ample seating.

I can't tell you how many times I've heard from people who've never been to the Chisago County Senior Center, " This is a really nice facility". Those of us that frequent the center think it is too and would like to keep it that way. If you would like to help us with this mission, please consider donating to this year's Tables Around Town fundraiser.

Carol

**Tuesday, April 2 1pm**  
Join us for Part 2 of the movie RED!  
Coffee & Popcorn will be served!



# April

Synopsis of Chisago County Board on Aging meeting on March 21, 2024

The Chisago County Board on Aging met on March 21, 2024. A Quorum was present.

The Secretary's and Treasurer's report were approved as present.

## OLD BUSINESS

A decision to purchase was made on a Hillyard vacuum for the Senior Center. They

had and did a training demo with the new vacuum. The older vacuums to be refurbished

one at a time and discussing how much to pay.

The Amended Finance Policies finished by Gary F. and was approved.

The purchase of new chairs was discussed and budget not to exceed \$5,000.

Activities for exposure in 2024 were discussed.

## NEW BUSINESS

Investment opportunities. Ways of earning money. Interest in future purchases.

Lets Go Fishing Organization was shared by Marge S.

Deanna Schmidt came and shared present and future issues for the center.

## COMMITTEES

Tables Around Town (TAT): Carol G. shared more of the preparations that will need to

be made and purchased before the event in May.

Language revamp on rental agreement. In the process of still working on it.

## ACTIVITIES

Potluck: Carol S reported there were 39 participants and \$62 was donated.

Exercise: Connie K stated it is going very well.

Games: 500, cribbage, hand and foot, bingo and dominos all are well attended.

Participants growing 7-8

Music: Jeanie Fox is now doing this activity. Shared it was going okay.

## OFFICE REPORT

Carol S. noted that things are going good. Office will be closed Good Friday. Concerns

when handicap items are brought in to share with Seniors when needed.

## MEDIA SPECIALIST

Concerns about the newsletter

## COMMENTS/CONCERNS

Transportation ways for going to and from appointments for Seniors. Where they will be

picked up and dropped off.