

March 2026

Chisago County

Senior Center News

Chisago County Community Center
38790 6th Avenue | North Branch, MN 55056 | 651-674-8658

FREE Community Exercise Classes — Everyone Welcome! Move Better • Feel Stronger • Live Well

Looking for a simple, enjoyable way to stay active and feel your best? Our free community exercise classes are designed for older adults, but people of all ages are invited to join the fun.

These welcoming, easy-to-follow sessions focus on the movements that matter most for everyday life, helping you stay independent, confident, and energized.

You'll enjoy benefits like:

- Easier daily movement and improved mobility
- Greater flexibility and range of motion
- Gentle strength building
- Better balance and stability
- Light, heart-healthy cardio
- Improved overall wellness for both body and mind

No experience is needed, and there's no special equipment required. Just wear comfortable clothes and come ready to move at your own pace.

All abilities, ages, and backgrounds are warmly welcome.

It's free. It's friendly. It's for YOU.

Come give it a try — your body (and the new friends you'll meet) will be glad you did!

Save the Date

It's Derby Time



Join us on **May 2nd, 2026** for
Our Annual Fundraiser
More details on page 3

Domino's



Every Tuesday at 10 am
No experience required

Dice Games



Wednesdays at 12:30
Enjoy a wide variety of fun
easy to learn games



CONNECT WITH US

651-674-8658

<https://www.chisagosrcenter.org>

chisagocountyseniorcenter@gmail.com

ACTIVITIES

500 Card Game - Every Monday & Wednesday at 1:00 pm. The cost is \$1

Bingo - Every Thursday at 10 am. \$.25 per card, 2-card limit.

Cribbage – Every Friday at 1:00 pm. The cost is \$1.

Dice Games - Wednesdays at 12:30 — bring your dimes and enjoy a fresh dice game each week!

Domino's - Every Tuesday at 10 am. Come, even if you've never played, and we will teach you!

Exercise With Connie - Every Monday, Wednesday & Friday from 10:30 am to 11:30 am.

Happy Feet Foot Care - Appointments are available on the 3rd Wednesday and 4th Thursday of the month. Call 763-346-3390 for an appointment.

Live Music - Every Tuesday at 11:15 am. See the activities calendar to who is playing each week.

Movie Day - Every second Tuesday at 1:30 pm for a fun-filled movie afternoon—everything is free! Enjoy homemade popcorn and beverages. See our calendar for what's playing this month.

Pot Luck Sunday - Second Sunday at 12:30 pm. Bring a dish to share. Donations are welcome.

Puzzles – Mon-Fri at 9 am to 1 pm, where there's always a warm cup of coffee and good company.

Volunteer Opportunities - Call the Senior Center for information at 651-674-8658

RESOURCES

Food

Catholic Charities Senior Dining, Monday – Friday at 11:45, Call for reservation (651)-674-1956

Fare For All, Trinity Lutheran Church, (763)-450-3860 [Fare For All Schedule - The Food Group](#)

Ruby's Pantry, Access Church, 2nd Saturday of the month at 9:30 am, [North Branch, MN](#)

Miscellaneous

Arrowhead Transit, 800-862-0175, option 13, [Arrowhead Transit](#)

Chisago Age Well Coalition, No phone #, <https://www.chisagoagewell.org/>

Family Pathways Aging Services, 651-674-8040, [Aging Services - Family Pathways](#)

Lakes & Pines, 320-679-1800, <https://www.lakesandpines.org/>

Mid-Minnesota Legal Aid, Senior Law Project, 1-888-360-2889 <http://www.mylegalaid.org>

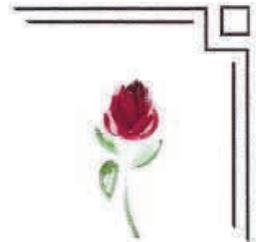
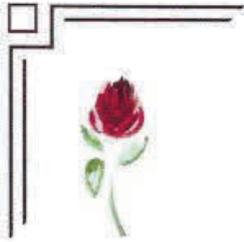
Minnesota Aging Pathways, (651) 431-2500, <https://mn.gov/aging-pathways/>

Veterans Guide – Website: veteransguide.org, Email: outreach@veteransguide.org

THEME: OFFICE SUPPLIES

PUZZLE ANSWERS:

1. CALCULATOR, 2. FAX MACHINE, 3. STAPLER, 4. PHOTOCOPIER, 5. ENVELOPES, 6. CLIPBOARD,
7. KEYBOARD, 8. PENCIL, 9. SCISSORS, 10. COMPUTER, 11. LABELS, 12. ERASER, 13. STICKY
NOTES, 14. HIGHLIGHTER, 15. TELEPHONE, 16. PAPER CLIPS, 17. GLUE STICK, 18. NOTEBOOK,
19. FOLDER, 20. MARKER



Tables Around Town Triple Crown

A FUNDRAISER
SUPPORTING THE
CHISAGO COUNTY SENIOR
/COMMUNITY CENTER

05.02.26

DOORS OPEN AT
FIVE O'CLOCK
Come & Join in the Fun!
FOOD-DRINKS-DINNER



RAFFLES~GAMES
DESSERT & LIVE
AUCTIONS

TICKETS \$50 EACH



DERBY HAT CHALLENGE ♦ DRESS TO IMPRESS

CHISAGO COUNTY SENIOR CENTER

36790 - 6TH AVE NORTH BRANCH

SPONSORSHIP OPPORTUNITIES AVAILABLE

TICKETS/SPONSORSHIPS/DONATIONS
CONTACT: RAISETHEROOF4U@GMAIL.COM
WWW.CHISAGOSRCENTER.ORG
CAROL-612.616.5653 OR TERRY-651.238.6689



MISCELLANEOUS

Come Travel with Me - Carline Sargent

UPCOMING DAY TRIP & SAVE THE DATES

May 27th - Little Women - Guthrie Theater

June 3rd - Twins Game

June 17th - Guys & Dolls - Chanhassen

July 9th - Twins Game

August 21st - A Second Helping, Church

Basement Ladies - Plymouth Playhouse

October 20th - Pride & Prejudice - Festival

Theatre, St. Croix

November 11th - Annie – Chanhassen

December 16th - Christmas Show - Seasons

EVERYONE WELCOME!!
COME LEARN ABOUT ...

SOCIAL ACTIVITIES & WORRY-FREE GROUP TRAVEL

WHEN: Thursday, April 2, 2026

TIME: 1:00 PM

WHERE: Chisago County Senior Center
38790 6th Avenue, North Branch

**Unable to attend and would like more
information, contact: Carline Sargent,
612-270-3403 or cometravelwme@gmail.com**

RENTAL SPACES AVAILABLE!

The Chisago County Community Center is now booking graduation parties and special events for the summer — and dates are filling fast! Celebrate your big moments in a welcoming, spacious venue that's perfect for making memories.

Don't wait — lock in your date today!

Call our office at 651-674-8658 to reserve your space.

Office hours: Monday–Friday, 8:00 AM – 1:00 PM.



Need local transportation in North Branch or a ride to Cambridge, Pine City, or Lindstrom? Arrowhead Transit provides reliable, affordable bus service throughout the Chisago County area.

To ride Arrowhead Transit in the Chisago County area, check routes and scheduling options, and plan your trip to ensure availability.

Learn more or schedule a ride:

[Chisago County Bus Services | Arrowhead Transit](#)

Or call 1-800-862-0175



**GET UP TO 10% OFF YOUR CAR INSURANCE
FOR 3 YEARS!**

To register for these or other classes in your area, call: 320-308-1400 or 888-234-1294

You can also register online at

www.DriverDiscountProgram.com

4-Hour in-person classes at the Senior Center:

3/16/2026 from 12 noon to 4:00 pm

5/20/2026 from 12 noon to 4:00 pm

**SEVEN COUNTY SENIOR
FEDERATION**

47 Park Street N, Suite 7, Mora, MN
55051

TAX-AID APPOINTMENTS

We coordinate the AARP Foundation and VITA tax services in east central Minnesota to better serve the local demand for no-fee filing of state and federal tax returns.

Phone: 320-679-4700

Email: taxes@7countyseniors.org

[Seven County Senior Federation - Taxes Contact Us](#)

Please note that the Senior Center is no longer offering tax assistance programs at our location.

*** Volunteers Needed ***

Catholic Charities Congregate Dining

Join us in making mealtimes special at the Chisago County Senior Center! Help with weekday lunch service: set and wash tables, prepare coffee, serve lunch, and assist with cleanup. Hours: 10:30 AM–12:30 PM, Monday through Friday.

Call 651-674-1956 or visit their website at [Dining Room Volunteer- North Branch](#) to learn more.

Your time and care bring joy and connection to the lives of our seniors!

Word Scramble

Office Supplies

- | | | | |
|----------------|-------|-----------------|-------|
| 1. CATLCUARLO | _____ | 11. EALSLB | _____ |
| 2. XFAMHCAIEN | _____ | 12. REAERS | _____ |
| 3. SLATPER | _____ | 13. EISSOTKTNCY | _____ |
| 4. PEOPROOCTHI | _____ | 14. HTIGREHIGHL | _____ |
| 5. VSEOPLNEE | _____ | 15. EENELPOTH | _____ |
| 6. RAILBCPOD | _____ | 16. RIEPCPSAPL | _____ |
| 7. ADBOYREK | _____ | 17. TELIUKSCG | _____ |
| 8. NEPCLI | _____ | 18. TOBOOKEN | _____ |
| 9. RSOSSIC | _____ | 19. DOLRFE | _____ |
| 10. OTECUORM | _____ | 20. AEMRKR | _____ |

Subscribe to our E-Newsletter at www.chisagosrcenter.org

POT LUCK Sunday

Come enjoy a great afternoon of homemade food,
friendly faces, and fun conversation!
Bring a dish to share and your appetite.
Donations are appreciated.

Sunday, March 8th at 12:30 pm

At the Chisago County Senior Center

All are Welcome!



Like and follow us on Facebook



Join us on the Nextdoor App



Mission Statement

Our mission is to enhance the lives of Chisago County seniors and strengthen a sense of community, connection, and belonging.

Board of Directors:

Cathy Buda, President

Betty Anderson Schlipp, Vice President

Terry Reyer, Secretary

Todd Fisk, Treasurer

Directors: Carol Gilquist, Barb Cuppett,
Carol Stradinger, Connie Jaques, Henry
Scott, Connie Kaiser, Marge Scheele,
Pam Schultz, and Floyd Pinotti

Board Meeting every 3rd Thursday
of the month at 9:30 am at the
senior center
OPEN TO ALL!

DONATIONS

Support Our Seniors

Your gift helps keep programs strong, doors open, and seniors connected.

Every contribution helps.

Donate today:

- Online: www.chisagosrcenter.org
- In person at our front desk
- By mail: Chisago County Senior Ctr
38790 6th Ave, North Branch, MN
55056

Thank you for your kindness and support.

Senior Center Activities

Office Hours: Monday - Friday 8 am to 1 pm

Website: www.chisagorcenter.org Email: chisagocountyseiorcenter@gmail.com Phone: 651-674-8658

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:30 Exercise 1:00 500 Cards	3 10:00 Dominos 11:15 Music - Wire & Wood	4 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	5 10:00 Bingo	6 10:30 Exercise 1:00 Cribbage	7
8	9 12:30 Pot Luck 10:30 Exercise 1:00 500 Cards	10 10:00 Dominos 11:15 Music - Jenni Thyng 1:30 Movie - Sully	11 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	12 10:00 Bingo	13 10:30 Exercise 1:00 Cribbage	14
15	16 10:30 Exercise 12:00 55+ Driving 1:00 500 Cards	17 10:00 Dominos 11:15 Music - Randy Luebesmier 	18 10:30 Exercise 12:30 Dice Games 1:00 500 Cards Happy Feet	19 9:30 Board Mtg 10:00 Bingo	20 10:30 Exercise 1:00 Cribbage	21
22	23 10:30 Exercise 1:00 500 Cards	24 10:00 Dominos 11:15 Music - Solid Rock Quartet	25 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	26 10:00 Bingo Happy Feet	27 10:30 Exercise 1:00 Cribbage	28
29	30 10:30 Exercise 1:00 500 Cards	31 10:00 Dominos 11:15 Music - Addison	<h1>March</h1> 			

Catholic Charities Senior Nutrition Menu

March 2026

Lunch served at 11:45 a.m. at Chisago County Senior Center, North Branch - For reservations, please call 651-674-1956 before 8:00 a.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 Mexican Rice Casserole Pineapple Churro Bread	3 BBQ Pork Macaroni & Cheese Broccoli Brownie	4 Sweet & Sour Chicken Rice Oriental Vegetables Mandarin Oranges Cookie	5 Hamburger Tomato Casserole Peaches Chocolate Pudding Bread	6 Tuna Noodle Casserole Peas Cherry Strudel Bread		
9 Chicken Rice Casserole Green Beans Cake Bread	10 Porcupine Meatballs Half of a Baked Potato Broccoli Brownie	11 Turkey Burger on a bun Sweet Potatoes Coleslaw Ice Cream Cup	12 Chicken Ala King over 1 biscuit Carrots Cookie	13 Tilapia Rice Pilaf Mixed Vegetables Bread Cake		
16 Liver & Onions Mashed potatoes & Gravy Green Beans Apple Strudel Bread	17 Corned Beef & Cabbage, Carrots & Onions Potatoes Bread Cookie	18 Swedish Meatballs over Noodles Mixed Vegetables Pineapple Bread Jello	19 Bouja Half sandwich Fruit Cocktail Cake	20 Cod Potato Salad Broccoli Bread Dessert (Cooks Choice)		
23 Turkey w/ Spaetzle Dumplings Peas Peaches Bread Cake	24 Bacon Wrapped Stuffed Chicken Roasted Potatoes Carrots Bread	25 Spaghetti w/ Meat Sauce Noodles Green Beans Bun or Breadstick Churro	26 Flatbread Pizza (Sausage) Corn Brownie	27 Coconut Shrimp Rice Pilaf Zucchini Bread Cake		
30 Polish Sausage Fried Onions & Peppers Half of a Baked Potato Vegetable Normandy Bread Rice Crispy Treat	31 Beef Burrito Mandarin Oranges Cake					
<p>Milk is served with every meal. Menu is subject to change. Dining/MOW closure announcements: WCMP FM 100.9 FM 106.5 AM 1350 Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act and Administered by Catholic Charities of the Diocese of St. Cloud.</p>						
						

Rental Spaces

Looking for a welcoming space to host your next gathering? The Chisago County Senior Center offers a variety of rental rooms in different sizes—perfect for meetings, celebrations, dinners, and more. Whether you're planning a cozy get-together or a lively event, our inviting spaces are open to the public and ready to make your occasion special.

Dining Room Rental

Capacity: Up to 120 guests

Features: A spacious dining area with access to a fully equipped kitchen, perfect for hosting events and gatherings.

Cost: \$150 per activity

Create memorable experiences in a comfortable and accommodating space!



Activity Room Rental

Capacity: Up to 60 guests

Features: A spacious and versatile open area with durable tile flooring, a convenient countertop, a microwave, a fridge, and a sink for added ease.

Cost: \$100 per activity

Perfect for gatherings, meetings, or celebrations!



Conference Room Rental

Capacity: Up to 50 guests

Features: Equipped with four 4' square tables and 50 chairs, providing a comfortable and functional setting.

Cost: \$50 per activity

Ideal for meetings, presentations, and small gatherings!



Reservation Process

Please call us at 651-674-8658 between 8:00 a.m. and 1:00 p.m., Monday through Friday, to inquire about rental availability.

Rental information can be found on our website under the “Rentals” tab.

Email Address chisagocountyseiorcenter@gmail.com

Physical Address 38790 6th Ave, North Branch, MN 55056



Come Travel With Me

Worry Free Group
Travel Opportunities

Carline Sargent

email: cometravelwme@gmail.com

612-270-3403



**GUTHRIE THEATER
DAY TRIP
WEDNESDAY, MAY 27th**

Little Women, is a timeless coming-of-age play based on Louisa May Alcott's 1868 novel, following the lives of the March sisters as they navigate love, loss, and new beginnings.

COST: \$75

Includes coach transportation (drop-off at the entrance) and ticket to the Guthrie production of *Little Women*. Beverages and snacks will be available to purchase during intermission. Food & beverages are allowed on the coach bus.

TRANSPORTATION PICK-UP/DROP-OFF LOCATIONS & TIMES:

Princeton Walmart (Garden Center parking lot), 300 21st Avenue: DEPART PROMPTLY @ 10:55 AM

Cambridge Senior Activity Center, 140 Buchanan Street: DEPART PROMPTLY @ 11:30 AM

Cowboy Church Parking Lot, 17525 MN 65, Ham Lake: DEPART PROMPTLY @ 12:00 PM

PLEASE MAIL OR DROP-OFF YOUR REGISTRATION FORM AND PAYMENT:

Come Travel with Me/Carline Sargent, 32914 Nacre Street NW, Princeton, MN 55371

Please make checks payable to: **Come Travel with Me**

Questions call: 612-270-3403

LITTLE WOMEN – Guthrie Theater, May 27, 2026 – Registration Form

First & Last Name _____ Email _____

Phone # _____ Who do you want to sit with? _____

Of tickets _____ If more than one ticket, please list names and contact information of people tickets are for:

Pick-up/drop-off location (circle one): Princeton Cambridge Ham Lake

Come Travel with Me
Worry-Free Group Travel Opportunities
Hosted by Carline in partnership with **collette**

Join us for a TRAVEL SHOW!
Wednesday, March 4th at 3pm

Anoka Ramsey Community College - Cambridge
300 Spirit River Drive South, Room G201, Parking: Lot 2, Door 12



COSTA RICA

January 22nd - 30th, 2027

HIGHLIGHTS:

Monteverde Cloud Forest, Farm Tour and Lunch, Coffee Plantation Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise

For more info:
groups.gocollette.com/en-US/link/1417016

SCANDINAVIA

April 21st - May 5th, 2027

HIGHLIGHTS: Stockholm, Sofiero Palace, Copenhagen, Tivoli Gardens, Oslo, Flåm Railway, Geirangerfjord Cruise, Floibanen Funicular, Bergen

For more info:
groups.gocollette.com/en-US/link/1383959



RSVP's REQUESTED

Carline Sargent @ 612-270-3403
or cometravelwme@gmail.com

MJ's Tours in cooperation with Chisago Lakes Community Education presents...

Discover America's Music Cities

October 11 – 18, 2026



SPECIAL TRAVEL PRESENTATION

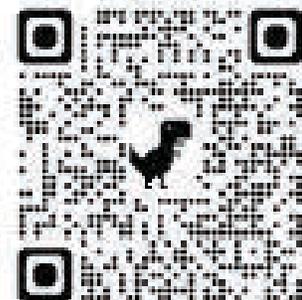
Date: Wednesday, March 4, 2026 Time: 6:00 PM

Wildcat Community Center

29330 Olinda Trail, Lindstrom MN



For more information contact
MJ Savaiano – Group Leader
(651) 257-1944
travels@frontier.com



Come Travel with Me

Worry Free Group
Travel Opportunities
Carline Sargent
Email: cometravelwme@gmail.com
612-270-3403

Come Travel with Me Group Travel Opportunities:

2026 - Click on the trip link for more information.

Hawaiian Adventure - <https://groups.gocollette.com/en-US/link/1338058>

Greece Island Hopper

- <https://groups.gocollette.com/en-US/link/1315850>

Canadian Rockies - <https://groups.gocollette.com/en-US/link/1315916>

2027 - Click on the trip link for more information.

Spectacular Scandinavia - <https://gateway.gocollette.com/link/1383959>

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